

Hi! Your friends at KSPTA want you to know about [Wait Until 8th](#)

What it IS:

The Wait Until 8th pledge empowers parents to rally together to delay giving children a smartphone until at least 8th grade. By banding together, we can decrease the pressure felt by kids and parents alike over smartphones. Surrounding Bay Area schools Ross, Corte Madera, Larkspur and the Reed District have also signed on.

What it IS NOT:

It is not a promise to avoid all screentime or even to wait until 8th to give your child a phone. The Wait Until 8th pledge is simply encouraging parents to delay the smartphone—you can still have the peace of mind of easy communication with an “old school” phone or watches.

Why is it IMPORTANT?

These devices are quickly changing childhood for children. Playing outdoors, spending time with friends, reading books and hanging out with family are happening a lot less to make room for hours on snap chat, tik tok, instagram, or streaming on You Tube. Experts say that smartphones are addictive, interfere with sleep and relationships, and increase the risk that children will suffer from depression, anxiety, and cyber bullying.

Our kids deserve a childhood free of distraction.



Take the pledge.

Contact Bacich and Kent **Wait Until 8th** champions with any questions:

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